

# NSS Regular Activities Report For the Year 2022-23



Y. A. Govt. Degree College for  
(W)  
Chirala, Prakasam Dist.



Submitted by

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**Y.A. GOVERNMENT DEGREE COLLEGE FOR WOMEN, CHIRALA**  
**NSS REGULAR ACTIVITIES FOR THE ACADEMIC YEAR 2022-23**

<b>S.No.</b>	<b>Name of the Activity</b>	<b>Date</b>
1	Plantation Programme	14.07.2022
2	Covid -19 Booster dose vaccination drive	25.07.2022
3	Azadi Ka Amrit Mahotsav competitions	13.08.2022
4	Blood Donation Camp	15.08.2022
5	Rally on use of clay ganesh	30.08.2022
6	Orientation programme	03.09.2022
7	National Nutrition week	06.09.2022
8	NSS day	24.09.2022
9	Clean India	19.10.2022
10	National Unity Day	31.10.2022
11	National Education Day	11.11.2022
12	Constitution Day	26.11.2022
13	AIDS competitions	30.11.2022
14	AIDS awareness rally	01.12.2022
15	Campus cleaning	30.12.2022
16	Distribution of blankets to the shelter less people	30.12.2022
17	Plantation programme	31.12.2022
18	Plantation programme	25.01.2023
19	Republic day	26.01.2023
20	Visit to old age home	26.01.2023
21	Campus cleaning	01.02.2023
22	World cancer day	04.02.2023
23	Plantation programme	04.02.2023
24	Deworming programme	14.03.2023
25	Awareness programme on Drug abuse and women trafficking	16.03.2023
26	Free ayurvedic camp	17.03.2023
27	World water day	22.03.2023
28	Fire Safety	17.04.2023

**Name of the Activity:** Plantation

**Date:** 14.07.2022

**Venue:** College Campus, Y.A govt degree college

**Objective:** A very auspicious tree plantation programme was organized in our college to create an awareness regarding climate change and its adverse effect on the living beings. It was aimed to plant 50 saplings and planted all of them successfully.

**Outcome:** Total of 45 students participated in this programme and came to know about the importance of healthy environment and plantation.



**Name of the Activity:** Covid-19 Booster dose Vaccination Drive

**Date:** 25.07.2022

**Venue:** Y.A.Govt.College for Women,Chirala.

**Objective:** It is to protect, make the students immunized against Covid-19, in association with Grama ward Sachivalayam, A.P. a booster dose vaccination programme was conducted in the college.

**Description:** The students were educated regarding the vaccination programme and encouraged to get vaccinated.

**Outcome:** About 90 students get vaccinated on the booster dose vaccination programme.



**Name of the Activity:** Azadi Ka Amrit Mahotsav

**Date:** 13.08.2022

**Venue:** Chirala



**Objective:** Azadi Ka Amrit Mahotsav' is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. It is celebrated to pay homage to India's freedom movement and freedom fighters. In addition, during this celebration, it is intended to remember all the significant landmarks during India's independence movement.

**Description:** Various activities like essay writing, painting, Elocution was conducted in the college on the occasion of the Azadi ka Amrit Mahotsav. Spreaded the message of Har Ghar Tiranga and its importance to the citizens by NSS volunteers by participating in the rally.

**Outcome:** The NSS volunteers actively participated in the activities and showed their patriotism.



**Name of the Activity:** Blood Donation camp

**Date:** 15.08.2022

**Venue:** Y.A.Govt. College for women, Chirala.

**Objective:** Voluntary Blood Donation programme is the foundation for safe and quality Blood Transfusion Service as the blood collection from Voluntary non-remunerated blood donors is considered to be the safest. Blood donation camp was conducted to contribute blood to some extent to the needy people.

**Description:** Being responsible individuals the NSS volunteers of the college donated the blood and motivated the citizens for donating the blood by explaining the importance of blood donation.

**Outcome:** About 60 students were participated in the blood donation camp and some of them donated the blood and motivated the other citizens for donating blood.

At the end 34 packets of blood was collected.



**Name of the Activity:** Rally on use of clay Ganesha

**Date:** 30.08.2022

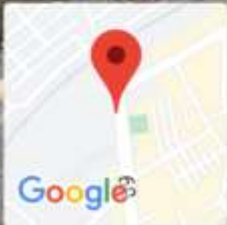
**Venue:** Y.A.Govt.Degree college for Women,Chirala.

**Objective:** Ganesh Chaturthi is a festival which is celebrated all over India to worship Lord Ganesh. The usage of Plaster of paris and toxic colours for the preparation of idols is increasing the pollution and generates harmful effects to the humans. Eco-friendly Ganesha idols are those that are made of clay, natural fibers, paper and other biodegradable materials. These idols, when immersed in water degrade faster and do not harm the environment as much as the ones made of POP. To create consciousness to the people and for protecting environment, the idol preparation and rally was conducted.

**Description:** As an environmental promotion activity on the occasion of Ganesh Chaturdhi, Ganesh idols were prepared in the college by the students and staff and distributed to the students for pooja. An awareness rally was also conducted from the college to 4 road junctions in Chirala, to create the consciousness of using eco-friendly Ganesha over the idols of Plaster of paris or other chemical dyes.

**Outcome:** About 43 students were participated and prepared idols of Ganesha with clay. And the students spreaded the message of promoting eco-friendly Ganesha.





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**Name of the Activity:** Orientation programme to NSS Volunteers.

**Date:** 03.09.2022

**Venue:** Y.A.Govt. Degree College for Women, Chirala.

**Objective:** The main objective of this programme is to create awareness to students about National Service scheme. NSS helps in developing the personality and character of the student youth through voluntary community service. It also helps the student's development and appreciation to other persons point of view and also show consideration towards other living beings.

**Description:** Induction programme to students was conducted by NSS Unit. Our college principal Dr.Ch.Ramanamma garu and NSS Programme officer P.SudhaRani, explained the students about NSS, the motto of NSS, activities conducted through NSS.

And also motivated the students to be a NSS Volunteer.

**Outcome:** Total of 92 students participated in this programme and came to know the importance of being a NSS volunteer.



**Name of the Activity:** National Nutrition week.

**Date:** 06.09.2022

**Venue:** Y.A. Govt.College for women, Chirala.

**Objective:** National Nutrition Week teaches people about healthy and nutritious food. The main objective is to highlight the importance of a healthy diet and its impact on the body. National Nutrition Week is celebrated from September 1 to September 7 to highlight the importance of having a balanced nutrition diet. The body needs nutrition in order to grow and develop, physically as well as mentally. In today's fast-paced world, most of us often tend to give less attention to our eating habits. And, the week reminds us to make the necessary tweaks.

**Description:** NSS volunteers have prepared various food items with rich nutrition value

**Outcome:** About 56 NSS volunteers were participated in the programme and prepared various food items and explained the nutritional values of the food exhibited by them.





**Name of the Activity:** NSS Day

**Date:** 24.09.2022

**Venue:** Y.A.Govt.Degree College for Women,Chirala.

Objective: September 24 is observed as NSS Day since 1969 and is marked across the nation with great enthusiasm. It is the day when this public service scheme was officially launched in India. NSS was launched on September 24, 1969, by Dr. V.K. R.V. Rao, the father of NSS and then Education Minister of India, in 37 universities. To remember the day, it is being celebrated.

**Description:** Principal Dr.Ch.Ramanamma garu and NSS Programme Officer Smt.P.SudhaRani, had explained about the importance of the day and how it was originated and the need of doing community service.And also explained NSS, is for students pursuing higher education to increase their participation in community service, in addition to their curriculum. Each volunteer must complete 120 hours of social service in one academic year.

**Outcome:** About 70 students were participated in the programme and got the knowledge about NSS.



**Name of the Activity:** Clean India 2.0

**Date:** 19.10.2022

**Venue:** Y.A. Govt.Degree College for women, Chirala.

**Objective:** The objective of the Clean India programme is to organise cleaning of public spaces and in college to clean waste, mainly single use plastic and to instil awareness and feeling of pride among citizens to keep their surroundings clean and waste-free.

**Description:** As part of the programme, the NSS volunteers participated in the Clean India 2.0 and collected all the plastic waste in the campus, outside of the campus.

**Outcome:** 35 volunteers were participated and cleaned the campus.





**Name of the Activity:** National Unity Day

**Date:** 31.10.2022

**Venue:** Y.A. Govt.Degree College for Women, Chirala.

**Objective:** National Unity Day or Rashtriya Ekta Diwas is celebrated on October 31st to commemorate the birth anniversary of Sardar Vallabhbhai Patel, who was India's first Deputy Prime Minister of India. The day is observed to recognise his contribution towards India's Independence and unity. The prime reason behind the celebrations of National Unity Day is to uplift the nation's unity and spread awareness about the contribution of Vallabhbhai Patel.

**Description:** The students were explained about the contributions of Sardar Vallabhai Patel for our country's unity. A pledge was taken by the volunteers and staff for national unity.

**Outcome:** Total 56 students were participated and learnt about the importance of the day.



**Name of the Activity:** National Education Day

**Date:** 11.11.2022

**Venue:** Y.A. Govt.Degree College for women, Chirala

**Objective:** National Education Day of India has been celebrated every year since 2008 on November 11 on the occasion of Maulana Abul Kalam Azad birth anniversary, the first education minister of independent India who served from 15 August 1947 to 2 February 1958.

**Description:** The day was observed and remember the contribution of Maulana Abul Kalam Azad for the development of education in India.

**Outcome:** Total 54 students were participated in the programme and learnt about the contribution of Maulana Abul Kalam Azad.



**Name of the Activity:** Constitution Day

**Date:** 26.11.2022

**Venue:** Virtual class room

**Objective:** Constitution Day also known as 'Samvidhan Divas', is celebrated in our country on 26th November every year to commemorate the adoption of the Constitution of India. On 26th November 1949, the Constituent Assembly of India adopted the Constitution of India, which came into effect from 26th January 1950.

**Description:** The day was celebrated and created awareness on the importance of the Indian Constitution and to acknowledge the contributions of its architect, Dr B R Ambedkar. Further created awareness about Fundamental Duties as enshrined in the Indian Constitution.

**Outcome:** About 80 students were participated in the programme and students were actively participated in the activity.



**Name of the Activity:** AIDS Day competitions.

**Date:** 30.11.2022.

**Venue:** Virtual class room.

**Objective:** To combat the prejudice and isolation suffered by people who are HIV-positive and by important and disadvantaged communities, reform laws, policies, and practices.

**Description:** In order to create awareness among the students, an Essay writing competition was conducted to the students.

**Outcome:** 22 students were participated in the competition.



**Name of the Activity:** AIDS awareness rally

**Date:** 01.12.2022

**Venue:** From Y.A.Govt college to Gadiyara sthambham.

**Objective:** This year 2022, the AIDS Day theme is “Equalize”, which emphasises eliminating the inequalities that have slowed the fight against the disease.

**Description:** An awareness rally marked the World AIDS Day from the Y.A.Govt. College for women, chirala to Ghadiyarasthambham. Students uttered slogans to create awareness among the citizens.

**Outcome:** About 300 students were participated in the rally.



**Name of the Activity:** Campus cleaning

**Date:** 30.12.2022

**Venue:** Y.A.Govt.college for women

**Objective:** To educate and motivate the students towards cleaning and for maintaining the ecological balance and a healthier atmosphere.

**Description:** The NSS volunteers participated in the campus cleaning programme and cleaned the campus



**Name of the Activity:** Distribution of blankets to the shelter less people.

**Date:** 30.12.2022

**Venue:** Sivalayam temple, Chirala.

**Objective:** With the objective to help the needy people, blanket distribution was organized to the needy people.

**Description:** As part of the social service measure, NSS volunteers distributed blankets to the shelterless people at Lord Siva temple, Chirala. Nearly 30 blankets were distributed to the shelterless people.

**Outcome:** About 20 volunteers were participated and distributed blankets.





**Name of the Activity:** Plantation programme

**Date:** 31.12.2022

**Venue:** Y.A.Govt.College for women

**Description:** A very auspicious tree plantation programme in association with Rotary club, Chirala was organized in the college. The President of the Rotary club Dr.I.Babu Rao garu and other members were participated in the programme and planted plants in the college. About 100 plants were planted in the campus.

**Outcome:** Total of 45students participated in this programme and came to know about the importance of healthy environment and plantation.





**Name of the Activity:** Plantation programme

**Date:** 25.01.2023

**Venue:** Y.A.Govt.College for women

**Description:** A very auspicious tree plantation programme was organized in our college to create an awareness regarding climate change and its adverse effect on the living beings. It was aimed to plant 60 saplings and planted all of them successfully.

**Outcome:** Total of 25 students participated in this programme and came to know about the importance of healthy environment and plantation.



**Name of the Activity:** Republic Day

**Date:** 26.01.2023

**Venue:** Y.A.Govt. college for women, chirala.

**Description:** The NSS volunteers participated in the Republic Day celebration held in the college. Volunteers participated in the parade and showed their patriotism.

**Outcome:** The NSS Volunteers participated in the republic events and inspired other students.





**Name of the Activity:** Visit to Old age home

**Date:** 26.01.2023

**Venue:** Kotayya oladage home

**Objective:** In order to habituate doing service among the students visited old age homes.

**Description:** With the aim to do service, the NSS volunteers have distributed cakes, food items to the people in the Kotayya Old age home, Chirala. The students interacted with the people in the old age home, who came with the disturbed lives. The NSS volunteers tried to console them.

**Outcome:** The volunteers have observed various heart-breaking situations with the old age people and they learnt to respect the elders in the family. And also learnt to serve the people who are in need.

**Name of the Activity:** Campus cleaning.

**Date:** 01.02.2023

**Venue:** Y.A.Govt. college for women, chirala.

**Objective:** To educate and motivate the students towards cleaning and for maintaining the ecological balance and a healthier atmosphere and also to keep the campus neat and clean the programme was conducted.

**Description:** The NSS volunteers participated in the campus cleaning programme and cleaned the campus and planted some saplings.



**Name of the Activity:** World Cancer Day2023-Awareness programme on Cancer

**Date:** 04.02.2023

**Venue:** Y.A.Govt.College for Women, Chirala.

**Objective:** To educate the students, to raise awareness about the dreadful disease Cancer, an awareness programme was conducted on World Cancer Day.

**Description:** World Cancer Day is a global healthcare event for the awareness of cancer, which has been commemorated on February 4th of every year for the past 23 years (since 2000) with the aim of spreading awareness and educating people about its detection, treatment, and prevention.

Sri Dr.I.Babu Rao garu, MD, Prema Hospitals, Chirala acted as resource person of the Programme. He tried to raise awareness to the students and staff about cancer and the need for better screening, diagnostic tools, earlier diagnosis and advanced treatment options. “Close the Care Gap” is the theme of the year.

**Outcome:** NSS volunteers and students participated in the programme and raised doubts and learnt about the various aspects of the dreadful disease.



**Name of the Activity:** Plantation Programme

**Date:** 04.02.2023

**Venue:** Y.A.Govt. College for Women,Chirala.

**Objective& Description:** A very auspicious tree plantation programme was organized in our college to create an awareness regarding climate change and its adverse effect on the living beings. It was aimed to plant 100 saplings and planted all of them successfully.

**Outcome:** Total of 58 students participated in this programme and came to know about the importance of healthy environment and plantation.



**Name of the Activity:** Deworming Programme.

**Date:** 14.03.2023

**Venue:** Y.A.Govt.College for Women,Chirala.

**Objective:** The programme was aimed at eradicating intestinal worms also known as Soil-Transmitted Helminths (STH), among the students of the college.

**Description:** According to the instructions of the AP State Government the adolescent students are administered a single dose of a safe medicine Albendazole. The students were taught about the importance of taking the drug and the precautions to be taken against the infection of worms.

**Outcome:** Students were actively participated in the activity and taken the medicine.





**Name of the Activity:** Awareness Programme on Drug Abuse and Women trafficking

**Date:** 16.3.2023

**Venue:** Y.A.Govt.College for Women,Chirala.

**Objective:** The programme was conducted to raise awareness among the students about the Drug abuse and Women trafficking.

**Description:** Bapatla Dist. Sub Inspector of Police is the resource person for the programme. The event was also attended by the Police Officers from Bapatla and Chirala. The Chief guest, in his special address said that the life of a student is both challenging and interesting. They face problems to overcome these challenges in order to achieve their goals and be successful in life. SI has informed that illicit drugs are one such problem that cause hindrance to the development of the students. He also added that drugs cannot be eradicated totally as there are certain medicines which are used for treatment of physical ailments. But excessive use of these medicines would surely be a hazardous threat to one's life. He advised the student audience to be cautious and stay away for the use of drugs. He added that Women students must be cautious about the women trafficking and one should not fall in to the trap.

**Outcome:** The policemen have explained the consequences of drug abuse and women trafficking with current statistical data. Awareness was created among the students.



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Chirala, Andhra Pradesh, India

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**Name of the Activity:** Free Ayurvedic Medical Camp

**Date:** 17.03.2023

**Venue:** Y.A.Govt.College for Women, Chirala

**Objective:** To keep the students healthy, make the students free of presumed diseases, a free Ayurvedic medical camp was conducted in the college.

**Description:** Dr. A.Anitha, Chirala Govt.AYUSH Hospital was explained the students about various seasonal, communicable diseases to the students. She also described about viral diseases, its spread and prevention. Later on, she distributed the Ayurvedic medicine for some seasonal viral diseases.

**Outcome:** About 80 students were participated in the programme and learnt about the viral diseases and took the medicine too.



**Name of the Activity:** World Water Day

**Date:** 22.03.2023

**Venue:** Chirala

**Objective:** The World Water Day is about accelerating change to solve the water and sanitation crisis. Every year since 1993, World Water Day (22 March) raises awareness and inspires action to tackle the water and sanitation crisis. It is about taking action to tackle the global water crisis of the 2.2 billion people living without access to safe water. An initiative to take individual responsibility to save water, raise awareness the day was conducted.

**Description:** The NSS volunteers participated in the awareness programme. Volunteers participated in the rally conducted from the college to Chirala town, by holding the placards and by uttering slogans of saving water.

**Outcome:** About 40 volunteers participated in the rally and raised awareness.



**Name of the Activity:** Fire safety Programme

**Date:** 17.04.2023

**Venue:** Y.A.Govt.College for women,Chirala.

**Objective:** To maintain alert at all times and follow preventive measures to avoid the chances of fire the programme was conducted. Fire safety awareness includes assessing the possible risks that can cause a fire hazard and taking appropriate steps to prevent and minimize the damage caused due to a fire.

**Description:** The outbreak of a fire, when not handled carefully, can lead to loss of life as well as valuable assets. When dealing with a fire, it is important to be alert all the time. The employees and officers of the Fire safety were participated in the programme and conducted rescue against the possible fire risks.

**Outcome:** About 200 volunteers and students were participated in the programme and learnt the techniques of fire safety.

